

QUALITY HEALTHCARE & MORE ARE JUST A CALL OR CLICK AWAY

- ✚ 24/7 Access to Doctors
- ✚ 24/7 Nurse Helpline
- ✚ Prescription Savings Card
- ✚ Discounts on Specialists
- ✚ Savings on Dental & Vision
- ✚ Discounts on Labs & Imaging
- ✚ Alternative Health Features



5LINX Telemed Family+ is an alternative health and wellness service that provides unlimited access to U.S. Board-Certified physicians to diagnose your symptoms, recommend treatment and write non-DEA controlled prescriptions if necessary.

All discounts and services except for My MD Access are provided by VantageAmerica Solutions, Inc. The discount medical card program is NOT health insurance.

Disclosures

- a. The discount medical card program is NOT health insurance.
- b. The plan provides discounts at certain health care providers for medical services.
- c. The plan does not make payments directly to the providers of medical services.
- d. The range of discounts for medical or ancillary services provided under the plan will vary depending on the type of provider and medical or ancillary services received.
- e. The plan member is obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with VantageAmerica Solutions, Inc., a discount medical plan organization.

Managed and Administered by:

VantageAmerica Solutions, Inc.

1275 Milwaukee Avenue

Glenview, IL 60025

www.vantageamericasolutions.com

NOTE: This discount plan is not a qualified health plan under the Affordable Care Act (ACA).

ATTENTION MARYLAND RESIDENTS

Some discounts under the Physician and Hospital Referral Plan benefit are not applicable in Maryland. Discounts are not available for all In-Patient Procedures and certain Out-Patient Procedures under Maryland law. Out-Patient Procedures at network hospitals such as laboratory and diagnostics services are eligible for the discount.

This discount plan is not “A Medicare Prescription Drug Plan”.

1. Membership in the discount drug plan entitles members to discounts for certain pharmaceutical supplies, prescription drugs, or medical equipment and supplies offered by providers who have agreed to participate in the discount drug plan;
2. The discount drug plan organization does not pay providers of pharmaceutical supplies, prescription drugs, and medical equipment and supplies provided to plan members.
3. The discount drug plan member is required to pay for all pharmaceutical supplies.

Table of Contents

What is 5LINX Telemed Family+?	1
How Does it Work?	1
Certified Physicians	2
My MD Access	2
24-Hour Nurse Helpline	3
Prescription Savings Card	4
My Dental Plan	4
My Vision Savings Plan	5
Chiropractic Care	7
Complimentary & Alternative Medicine Plan	7
DirectLabs®	8
Diagnostic Imaging	8

Helpful Contact Information

Physician Appointments	(855) 359-2085
Membership Services	(877) 813-1264
My MD Access Hours	24 Hours, 7 Days a Week
Membership Services Hours	9AM – 6PM EST Mon-Fri

What is 5LINX Telemed Family+

5LINX Telemed Family+ provides access to top quality, cost-effective medical care and healthcare savings, wherever and whenever you need it. Our doctor consultation service, My MD Access, is a network of U.S. board-certified doctors who are available to resolve your medical issues by phone, 24 hours a day, 7 days a week. Our doctors can diagnose your symptoms, recommend treatment and write non-DEA controlled prescriptions to be picked up at a pharmacy near you. So whether you're traveling, too sick to get out of bed or can't take off work you'll still have access to dependable healthcare.

- » **No More Scheduling Appointments**
- » **No More Long Wait Times at the Doctor's Office**
- » **No More High Urgent Care Center Fees**
- » **No More Hassles of Taking Off Work**
- » **Just the Answers You Need, When You Need Them**

5LINX Telemed Family+ Members also receive special savings and discounts on healthcare needs such as prescriptions, dental, vision, labs and more. Our Prescription Savings Card allows Members and their families to pay a discounted fee at the point of service for both name-brand and generic prescriptions at widely recognized participating pharmacy locations nationwide, including independent and local neighborhood pharmacies.

5LINX Telemed Family+ is not insurance, but simply a better way for individuals to get the care they need quickly, easily and cost-effectively.

How Does it Work

5LINX Telemed Family+ offers Members easy access to quality and convenient healthcare. To access any of the member features, call the toll-free phone number provided. Make sure to have your Patient ID ready. Your Patient ID is located on your 5LINX Telemed Family+ Membership Card and also in your Membership Welcome Email.

Savings & Discounts

Using 5LINX Telemed Family+ will bring instant savings to your typical health needs. It's a fact...the average cost for seeing a primary care physician is around \$158.* With 5LINX Telemed Family+ there are no extra fees for speaking to a physician over the phone. Plus, Members can save 5% - 30% on prescriptions, dental, vision, labs, and much more!

Anyone can join

5LINX Telemed Family+ includes everyone in your household, regardless of age or health status. 5LINX Telemed Family+ is not insurance but simply gives you a discount on the services provided.

Already have Health Insurance?

Even if you have health insurance, 5LINX Telemed Family+ can save you time and money by eliminating expensive doctors office copays and lengthy scheduling and waiting room times. It offers access to quality healthcare – *on your time.*

THIS IS NOT INSURANCE

*Source: <http://www.fchp.org/members/resources/guide-to-costs.aspx>
Individual costs may vary

Certified Physicians

5LINX Telemed Family+ uses a network of doctors who are U.S. board-certified in internal medicine, pediatrics, and family medicine. All our doctors are credentialed every 3 years, with NCQA certified, provider credentialing standards.

5LINX Telemed Family+ doctors are just like your primary care physician (PCP) or pediatrician. They incorporate telehealth or telemedicine into their medical practice because they see it as a way to give more affordable and convenient access to quality care.

5LINX Telemed Family+ doctors are:

- » **U.S. Board-certified:** All our doctors are U.S. board-certified in internal medicine, family practice, or pediatrics.
- » **Experienced:** Our doctors have been practicing for over 5 years on average.
- » **Credentialed:** 5LINX Telemed Family+ doctors are credentialed every 3 years, with NCQA provider credentialing standards.
- » **U.S. residents:** All our doctors currently live and work in the United States.
- » **Telehealth specialists:** 5LINX Telemed Family+ doctors are trained specifically in talking to patients and diagnosing their conditions over the phone.

My MD Access

My MD Access from 5LINX Telemed Family+ is a national network of U.S. board-certified and state-licensed physicians who use electronic health records and telephone consultations to diagnose your conditions, recommend treatment and write short-term, non-DEA controlled prescriptions, when medically appropriate.

Members will be able to access a provider by telephone. Telephone 24 hours a day, 7 days a week. Providers usually respond to your call within thirty minutes.

All of our Board Certified Physicians offer patient care and provide physician services to include symptom assessment, ailment diagnoses, follow-up visits and providing prescriptions for treatment. Care and services are intended to include (a) an assessment of the Member's health condition, (b) a review of the Members medical needs, (c) a determination of whether immediate emergency attention is required, and (d) a recommendation of the most appropriate action to be taken by the Member. This action may include prescription of medication as necessary, ordering lab work, or a recommendation that the Member contact a specialist or Member's primary medical care provider. In the occurrence where immediate medical attention is required, the physician shall direct the Member to the nearest emergency facility.

My MD Access can be used for the following medical issues:

- » Allergies
- » Bronchitis
- » Cold and flu symptoms
- » Ear infection
- » Pink eye
- » Poison ivy
- » Respiratory infection
- » Sinus problems
- » Urinary tract infection
- » And more!

My MD Access doctors can write prescriptions for the following medications:

- » Amoxicillin™
- » Augmentin™
- » Azithromycin™
- » Bactrim DS™
- » Cipro™
- » Diflucan™
- » Flonase Nasal Spray™
- » Pyridium™
- » Prednisone™
- » Tessalon Perles™

THIS IS NOT INSURANCE

24-Hour Nurse Helpline

The 24-Hour Nurse Helpline is designed to help Members become more informed about their healthcare. The Nurse Helpline is a 24/7 confidential telephone service that allows Members to ask questions and receive information about their health, illnesses and medications. There is no cost to use the Helpline.

Members have unlimited access to registered nurses via a toll-free number 24 hours a day, 365 days a year. These nurses are specially trained to offer prompt, confidential medical counseling to help Members make informed decisions about their health and the medical care they receive. However, our nurses do not diagnose or provide treatment.

This plan includes:

- » Toll-free, confidential availability to registered nurses 24 hours a day at [1-800-982-2401](tel:1-800-982-2401).
- » Guidance and information for dealing with common ailments.
- » Explanations on what to expect during a medical test.
- » Help from a registered nurse who can answer questions regarding:
 - Diagnostic and surgical procedures
 - Recently diagnosed medical conditions
 - Prescription and over-the-counter medication information

THIS IS NOT INSURANCE

Prescription Savings Card

The Prescription Drug Program links most of the largest pharmacy chains into a common and consistent discount program. Through an exclusive agreement with one of the nation's premier drug management organizations, Members can obtain discounts of 5% to 30% on drug prices through a national network of more than 55,000 pharmacies. Login to www.ModernCarePlans.com and use the "Find a Provider" feature located on the right hand side to view a list of participating pharmacies in your area.

How To Get Your Savings

Take your Membership card with you to a participating pharmacy and show your Membership card to the pharmacist. The pharmacist will enter the information on your Membership card into the online computer system, and you will be immediately eligible for the special negotiated price. Your actual cost will be the contract price or the pharmacy's usual charge that day, whichever is lower.

Mail Order Service Option

An important part of the Prescription Drug Program is the mail order service option. You can use the mail order service any time, but it is most convenient when ordering medications you take on a regular basis.

- » The mail order form will provide the address to which you will send your form, new prescriptions from your doctor, and prepayment by check, money order or credit card.
- » If a credit card is used, refills can be ordered by calling APS customer service at [877-APSRX-34](tel:877-APSRX-34).
- » All prescriptions are filled in full size packages of up to a 100-day supply.

- » Please contact APS at [877-APSRX-34](tel:877-APSRX-34) for information on the package size and pricing for your medication.
- » It is standard pharmacy practice to substitute generic equivalents for brand name drugs, whenever possible, unless your physician will not allow a generic substitute or you specify otherwise.
- » All regular prescriptions are mailed first class mail within 24 hours of receipt by APS. Please allow 3 to 6 business days' mailing time after APS processes your prescriptions.

My Dental Plan

Save 10% to 50% on dental care expenses at any of the more than 50,000 participating dental providers nationwide. A sample of some of the dental services you can save on include:

- » Routine Cleanings
- » Orthodontics (braces)
- » Extractions
- » Exams
- » Dentures
- » Fillings
- » X-Rays
- » Cosmetic Dentistry
- » Oral Surgery
- » Root Canals
- » Crowns
- » Periodontics (gums)

How To Get Your Savings

1. Login to www.ModernCarePlans.com and use the “Find a Provider” feature located on the right hand side to find a provider in your area.
2. Locate the dental network name on your Membership card. Give this network name to your provider when making your appointment.*
3. At your appointment, simply present your Membership card before getting treatment to be assured that the proper discount is applied.
4. Payment is due at the time of services. There are no forms to complete, no limit to the number of visits and you do not need a referral from your primary care physician.
5. If you, or the provider, have any questions, contact Customer Service at the number listed on your Membership card.

*While our provider lists are continually updated, provider status can change. We recommend that you confirm the provider you selected participates in the program when scheduling your appointment.

Note: If you have a dental insurance plan that is not a PPO or HMO and your dentist is a participating provider, you may be able to use your Membership card to receive additional savings.

THIS IS NOT A PRE-PAID PLAN

THIS IS NOT INSURANCE

My Vision Savings Plan

This vision program offers Members 10% to 60% off eyeglasses, contact lenses (excluding disposables), plus 40% to 50% off the national average on LASIK. Over 12,000 eye care professionals nationwide – including many local opticians – participate in this Plan.

Some Major Participating Eye Care Professionals Include:

- » For Eyes Optical
- » Pearle Vision
- » Target Optical
- » JCPenney | Optical
- » Sears Optical
- » Visionworks
- » LensCrafters
- » Sterling Optical

How To Get Your Savings

1. Login to www.ModernCarePlans.com and use the “Find a Provider” feature located on the right hand side to find a provider in your area.
2. Locate the vision network name on your Membership card. Give this network name to your provider when making your appointment.*
3. At your appointment, simply present your Membership card before getting treatment to be assured that the proper discount is applied.
4. There are no limits on the number of times you may use the plan per year.
5. If you, or the provider, have any questions, contact Customer Service at the number listed on your Membership card.

*While our provider lists are continually updated, provider status can change. We recommend that you confirm the provider you selected participates in the program when scheduling your appointment.

THIS IS NOT INSURANCE

Replacement Contact Lenses

Replacement contact lenses can be ordered through the mail with a 10% to 40% savings.

Call **1-800-878-3901** and give the operator the brand and type of lens for a price quote over the phone.

Mail a valid doctor's contact lens prescription to: America's Eyewear, P.O. Box 671309, Dallas, TX 75367-1309. Be sure to include your name and Membership number from your Membership card. You may place orders as often as you wish prior to the expiration date of the prescription.

Or, fax a doctor's contact lens prescription to **1-972-503-5671**.

Mail Order Option through FramesDirect.com

Choose from over 100,000 frames from top name brands. Save either 40% on lenses for eyeglasses or sunglasses when ordering online using the promo code NB40LENS, or save 15% off your entire order through FramesDirect.com using NB15OFF (excludes contact lenses and certain brands of eyewear due to manufacturer guidelines). Includes free standard shipping for orders over \$99. Must include group code FRAMES at checkout process to validate your purchase.

Plan Guarantees

Low Price Guarantee: If you find a lower price anywhere else on the exact same pair of prescription eyeglasses purchased at a participating location within 30 days, the difference will be refunded.

30-Day Unconditional Guarantee

Your satisfaction in the vision program and the mail order service is fully guaranteed within 30 days for an exchange or full refund. If for any reason you are not happy with a purchase at the retail locations or through the mail, return the merchandise within 30 days for an exchange or full refund.

Using the Guarantees: To utilize any of the guarantees, call Customer Service at the number shown on your Membership card. May not be used in conjunction with other discounts or insurance. This product is not available in the state of Vermont or Washington.

THIS IS NOT INSURANCE

Chiropractic Care

Millions of Americans rely on chiropractic care to reduce pain and stress and to function more productively. The Chiropractic Plan can save 20% to 40% on regular chiropractic fees at participating chiropractors across the country.

Use your Membership card to get special rates from a nationwide network of more than 9,000 participating Doctors of Chiropractic across the U.S.

You can save money on:

- » Consultations
- » Exams
- » X-Rays
- » Diagnostic Services
- » Follow Up Treatment

Go to your chiropractor when you want, as often as you need—it's up to you. There is no limit on the number of visits. Simply pay your chiropractor your special discounted rate when you receive your care.

The Chiropractic Plan cannot be used in conjunction with any other discount program.

How To Get Your Savings

1. Login to www.ModernCarePlans.com and use the "Find a Provider" feature located on the right hand side to find a provider in your area.
2. Give the name of network to your provider when making your appointment.
3. At your appointment, simply present your Membership card before getting treatment to be assured that the proper discount is applied.
4. Payment due at time of service.

THIS IS NOT INSURANCE

Complementary & Alternative Medicine Plan (CAM)

More and more people today are exploring complementary and alternative medicine (CAM) services to maintain health and wellness. This program helps Members save 20% on CAM services, including:

- » Acupuncture
- » Massage Therapy
- » Meditation/Relaxation
- » Chiropractic Care
- » Nutritional Counseling
- » Naturopathy

How To Get Your Savings

1. Login to www.ModernCarePlans.com and use the "Find a Provider" feature located on the right hand side to find a provider in your area.
2. Locate the CAM network name on your Membership card. Give this network name to your provider when making your appointment.*
3. At your appointment, simply present your Membership card before getting treatment to be assured that the proper discount is applied.
4. Payment is due at the time of services. There are no forms to complete, no limit to the number of visits and you do not need a referral from your primary care physician.
5. If you, or the provider, have any questions, contact Customer Service at the number listed on your Membership card.

*While our provider lists are continually updated, provider status can change. We recommend that you confirm the provider you selected participates in the program when scheduling your appointment.

THIS IS NOT INSURANCE

DirectLabs®

A simple, inexpensive blood test could save your life...

Serious medical conditions such as heart disease, prostate cancer, diabetes, thyroid disease, and more, can go undetected for up to two years - without noticeable symptoms.

The earlier a problem is detected, the easier and more likely it is to be treatable. You now have direct access to the major clinical labs across the U.S.* for those important blood tests – and at discounted prices. Take charge of your health and fitness today!

Look at Your Savings!

Test	Retail Price	Your Price	You Save
CWP**	\$535	\$87	\$448
PSA	\$107	\$44	\$63
Thyroid w/TSH	\$174	\$41	\$133

An annual Wellness routine and Health Screen should include blood testing†.

Disease prevention saves lives, and it is now made even simpler: a doctor’s appointment is not necessary. All blood tests are offered at a savings of 20% - 80% off typical lab costs and through the same CLIA-certified accredited labs used by your physician.

*Service not available in Maryland, Massachusetts, New York, New Jersey, North Dakota, South Dakota, or Rhode Island.

**Comprehensive Wellness Profile (CWP) with 50+ results includes CBC’s, lipids, kidney, liver, glucose, electrolytes, bones, minerals, and more.

†This service is only available once you have been a member for three (3) months and is available to one (1) member of your family each year.

How To Obtain Savings:

1. Login to www.ModernCarePlans.com and use the “Find a Provider” feature located on the right hand side to find a provider in your area.
2. Call **800-908-0000** and identify yourself as a member using code: **G-VANT**
3. You will be referred to the Patient Service Center (PSC) blood draw site of the major clinical laboratory nearest you. DirectLabs® provides the necessary order. You must have the requisition from DirectLabs® prior to going to the lab/PSC.
4. Confidential results are made available directly to you online within 24-48 hours on most tests.

*Service not available in Maryland, Massachusetts, New York, New Jersey, North Dakota, South Dakota, or Rhode Island.

Diagnostic Imaging

Diagnostic Imaging Network for MRI and CT Scans

Through an exclusive partnership with One Call Medical (OCM), Galaxy Health Network (GHN) can offer significant discounts to Members for advanced diagnostic imaging procedures such as Magnetic Resonance Imaging (MRI) and Computed Tomography (CT) scans. OCM was the first company in the nation to develop a business devoted exclusively to managing advanced radiology (MRI and CT) costs.

For over 16 years One Call Medical has been the preferred solution for ensuring access to high-quality radiology testing at lower costs.

Advantages of using OCM network:

- » Access to over 2,900 radiology centers located throughout the United States
- » Providers undergo a rigorous credentialing and peer review process for radiology quality
- » Unique scheduling services to assist Members with selection and scheduling of appointments
- » Coast-to-coast call centers operating 7:00am - 7:30pm CST with multilingual staff
- » 20–80% discounts on MRI and CT scans
- » Quality care and service at no additional costs

Quality Network Providers

As the nation’s largest advanced radiology network, One Call Medical offers member access to a specialty panel of over 2,900 high-quality radiology imaging centers. Our coverage area serves all of the major population centers in the US and also provides access in many rural markets. Finding a participating facility close to your work or home is just a phone call away! The GHN/OCM dedicated team of specialists provides personalized attention and delivers world class service that includes:

- » Toll-free telephone access: **1-877-814-2461**
- » Multilingual customer service staff
- » Priority appointment scheduling
- » Coast-to-coast coverage (7am-7:30pm CST)

How Does the Program Work?

1. Before you are scheduled for an MRI or CT scan, simply call: **(877) 814-2461** (and mention that you are a Galaxy Member)
2. Our service representatives will assist Members in selecting a network provider that’s near and convenient to home or work.
3. Once a facility is chosen, we schedule the appointment by conducting a unique “three-way” conference call with OCM, the imaging center and patient.
4. On the same call you can ask questions about the test or help in understanding the plan coverage for the imaging procedure.

Physician Appointments **(855) 359-2085**

Membership Services **(877) 813-1264**

My MD Access Hours 24 Hours, 7 Days a Week

Membership Services Hours 9AM – 6PM EST Mon-Fri



5LINX TeleMed Family+ provides access to top quality care and healthcare savings wherever and whenever you need it. Our network of U.S. board-certified doctors are available to diagnose, recommend treatment and write non-DEA controlled prescriptions if necessary. No more hassles of scheduling appointments and waiting at the doctors office.

Get the answers and remedies you need, when you need them.

